



Antarchakshu®2.0 – The Eye Within

Experience the Unexplored world

Working towards broadening awareness for an Inclusive World

Antarchakshu®2.0 — The Eye Within, conceptualised by the XRCVC, is a simulation workshop aimed at creating a sneak preview for the sighted into the world of the visually challenged. It's a simulated environment where participants, through experiencing a disability simulation, will learn to reflect on personal attitudes towards people with vision impairment. This simulation was then followed by an interactive session and presentation. The objective of the module was to equip its participants with insight, understanding and basic facts about the lives of the visually impaired, the 'How?' of their lives as also to foster an insight in developing their own personal perspective on the issue.

Season 5 of Antarchakshu 2.0, launched on 4th November 2022, was supported by Dhun Pestonji Parakh Discretionary Trust, Godrej Industries Limited, Union Bank of India, SBI Mutual Fund, Lawrence & Mayo and Mendonsa Foundation. The XRCVC gratefully acknowledges the support extended by our well-wishers. Your backing helped us build an inclusive world.

We have conducted in all 24 workshops, reaching out to total 718 participants.

The XRCVC was invited by the State Commissioner for Persons with Disabilities, Goa to present the Antarchakshu® experience as a part of the 'Purple Fest: Celebrating Diversity'. This Purple Experience Zone consists of a dual exposure to participants. After going through a simulation of disability that was designed to dispel myths, break stereotypes and create an equal opportunity mindset, participants were led through a comprehensive Assistive Technologies exhibition. In all 8 of the Antarchakshu workshops were conducted for participants of the purple fest. Goa. These participants included doctors, police officers, bankers, special educators, management students etc.

As in previous seasons participants included a wide spectrum of groups including degree level students to those learning diverse skills as also working professionals and corporate employees. The primary message of all workshops was on diversity and inclusion.

The key approach during the workshops was to create a simulated experiential environment of blindness wherein participants had to undertake various activities. This experience formed the basis of further reflection and discussion around the focus areas.

Participants, through experiencing a disability simulation, learned to reflect on personal attitudes towards people with disability in general and blindness in particular.

This simulation was then followed by an interactive session. The objective of the module was to equip its participants with insight, understanding and basic facts about the lives of the visually impaired, the 'How?' of their lives as also to foster an insight in developing their own personal perspective on the issue.



DHUN PESTONJI PARAKH
DISCRETIONARY TRUST

यूनियन बैंक ऑफ इंडिया Union Bank of India



Antarchakshu | The Eye Within | Season 5

Presented By Xavier's Resource Centre for the Visually Challenged (XRCVC)



DHUN PESTONJI PARAKH
DISCRETIONARY TRUST



We mention below the Antarchakshu season 5 workshop details where due acknowledgement was given to all our supporters.

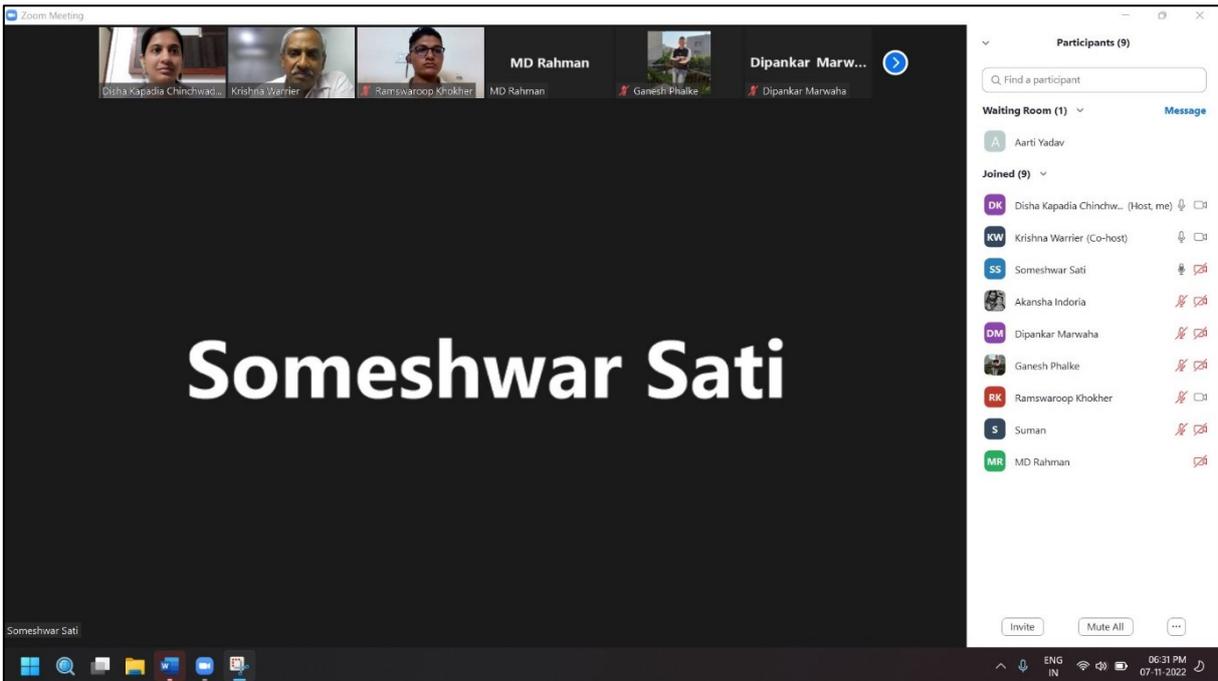
Sr. No.	Day and Date	Group / Class	No. of participants	Venue / Online Platform
1	04-Nov-2022	An offline Antarchakhu 2.0 awareness workshop was conducted for students of D Y Patil College of Architecture, Nerul	37	D Y Patil College of Architecture, Nerul
2	7-Nov-2022	An online Antarchakhu 2.0 awareness workshop was conducted for students of Kirorimal College under the Prayas volunteering initiative	19	Online
3	16-Nov-2022	An offline Antarchakhu 2.0 awareness workshop was conducted for IIT Gandhinagar Orientation Programme students - Batch 1	53	IIT Gandhinagar, Gujarat
4	16-Nov-2022	An offline Antarchakhu 2.0 awareness workshop was conducted for IIT Gandhinagar Orientation Programme students - Batch 2	56	IIT Gandhinagar, Gujarat
5	17-Nov-2022	An offline Antarchakhu 2.0 awareness workshop was conducted for IIT Gandhinagar Orientation Programme students - Batch 3	49	IIT Gandhinagar, Gujarat
6	17-Nov-2022	An offline Antarchakhu 2.0 awareness workshop was conducted for IIT Gandhinagar Orientation Programme students - Batch 4	52	IIT Gandhinagar, Gujarat
7	18-Nov-2022	An offline Antarchakhu 2.0 awareness workshop was conducted for IIT Gandhinagar Orientation Programme students - Batch 5	51	IIT Gandhinagar, Gujarat
8	13-Dec-2022	A workshop was conducted for FYJC Div A students of St. Xavier's College as part of Antarchakshu season 5	11	St. Xavier's College, Mumbai
9	14-Dec-2022	A workshop was conducted for FYJC Div B and C students of St. Xavier's College as part of Antarchakshu season 5	26	St. Xavier's College, Mumbai
10	07-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Civil Servants	23	Goa
11	07-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Civil Servants	22	Goa
12	07-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Civil Servants	21	Goa

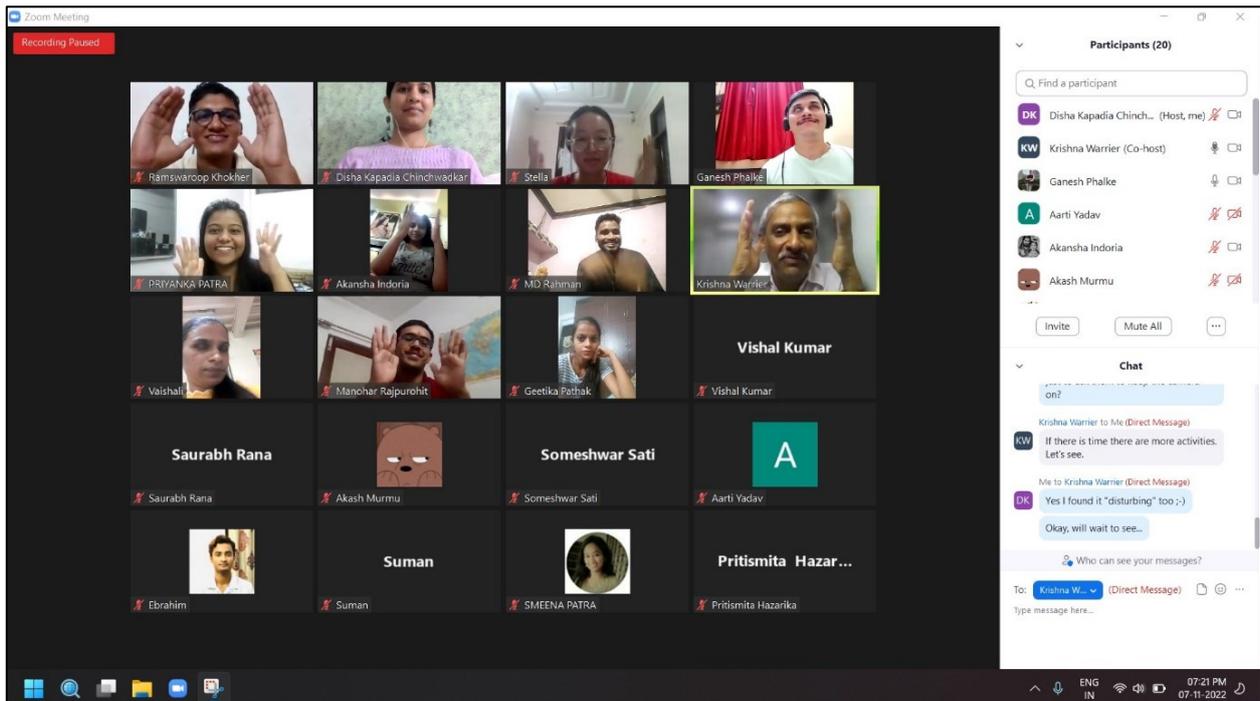
Sr. No.	Day and Date	Group / Class	No. of participants	Venue / Online Platform
13	07-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Special Educators	21	Goa
14	07-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Special Educators	22	Goa
15	07-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Bankers	41	Goa
16	08-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Special Educators	21	Goa
17	08-Jan-2023	An offline Antarchakhu 2.0 awareness workshop was conducted as part of 'Purple Fest: Celebrating Diversity' organised by the State Commissioner of Persons with Disabilities, Goa. Participant profile: Doctors	26	Goa
18	27 Jan 2023	IIT Bombay faculty	8	IIT Bombay
19	15-Feb-2023	An offline Antarchakshu 2.0 awareness workshop was conducted for the students of Kirorimal College, Delhi	22	Mumbai
20	25-Feb-2023	An offline Antarchakshu 2.0 awareness workshop was conducted for FYBMS students at St Xavier's College (A Division)	36	Mumbai
21	25-Feb-2023	An offline Antarchakshu 2.0 awareness workshop was conducted for FYBMS students at St Xavier's College (B Division)	17	Mumbai
22	27-Feb-2023	An offline Antarchakshu 2.0 awareness workshop was conducted at St Xavier's College for XICP's Counselling Psychology students	27	Mumbai
23	06-Mar-2023	An offline Antarchakshu 2.0 awareness workshop was conducted for the students of Nirmala Niketan College of Home Science	26	Mumbai
24	17-Mar-2023	An offline Antarchakshu 2.0 awareness workshop was conducted for senior-level members at Whistling Woods	31	Mumbai
Total			718	

All workshops both at the beginning and end have acknowledged the support.

























vivo Y75 5G

















Images of Antarchakshu 2.0, Season 5 - An awareness and sensitisation workshops.

The current series targeted a diverse audience ranging from degree level students to those learning diverse skills as also working professionals and corporate employee. The primary message of all workshops was on diversity and inclusion). The key approach during the workshop was to create a simulated experiential environment of blindness wherein participants had to undertake various activities. This experience formed the basis of further reflection and discussion around the focus areas.

Please find below some feedback from the participants.

Sr. No.	Date and Day	Name	Organisation / Institutions	Feedback from participants
1	4-11-22, Friday	Shristy Upadhyay	D Y Patil College of Architecture	It was a nice feeling. Some of my wrong perceptions changed related to people with disability. It helped me in thinking while designing you should not only just think about the normal people but for all, and all includes people with disability.
2	4-11-22, Friday	Nishita Patel	D Y Patil College of Architecture	Activities which were performed helps one to understand the situation with experience. More of activities make it both fun and learning. Talking and meeting a person with a disability, learning and listening to their stories is really helpful.
3	4-11-22, Friday	Pranay Nair	D Y Patil College of Architecture	I was expecting the whole session to be theoretical or on a ppt but instead it was practical and more interactive which helped us acknowledge it more. This workshop actually pointed out the flaws in the design or the system which helps us not to repeat the problems.
4	4-11-22, Friday	Anushka Vinod Wagh	D Y Patil College of Architecture	The workshop was wonderful and rather an eye opener for us to get into their shoes and experience things which they go through daily. So that we as an architect while designing will keep in mind what to implement and consider to make a design accessible to all. This workshop will help a lot in our thesis and also when we will graduate and start designing, we can be able to design a space accessible to all. Earlier we weren't thinking of people with disabilities but now we will definitely include to incorporate all the required things.
5	7-11-22, Monday	Ramswaroop Khokher	Kirori Mal College	This session is very good I got much information thank you Sir for taking this session.
6	7-11-22, Monday	PRIYANKA PATRA	Kirori Mal College	Interaction was the best part of the session. It was an absolute joy to know and talk to Ganesh. Looking forward to more such meetings. Suggestion - If we could organize such interactive sessions in college inviting all the students regardless of which society or

Sr. No.	Date and Day	Name	Organisation / Institutions	Feedback from participants
				department they belong to. Zoom meetings somehow act as a barrier to it.
7	16-11-2022, Wednesday	Mihika Desai	Indian Institute of Technology, Gandhinagar	I expected it to be a session in which you will be insisting us on eye donation by showing us how is it to experience being blind. But it turned out to be the exact opposite.
8	16-11-2022, Wednesday	Abinaya Sampath	Indian Institute of Technology, Gandhinagar	I loved the experience with blindfold when all the sense of judgement was suspended briefly. All the students were sensitized and taught to be more compassionate individuals.
9	16-11-2022, Wednesday	Debojit Das	Indian Institute of Technology, Gandhinagar	Amazing workshop made us value our senses. Moved from the idea and sympathising blind to emphasizing them.
10	16-11-2022, Wednesday	Harsh Jain	Indian Institute of Technology, Gandhinagar	One of the best workshop I ever attended. Learnt a lot about the challenges and the experience of a visually impaired person.
11	16-11-2022, Wednesday	Omkar R. Prabhu	Indian Institute of Technology, Gandhinagar	First impressions was we need to be very confident and need to “Jugaadu” everytime as Ganesh bhaiya mentioned and it was eye opening and I have great respect for both Krishna Sir and Ganesh bhaiya.
12	16-11-2022, Wednesday	Rutuja Swami	Indian Institute of Technology, Gandhinagar	Workshop was really great!! It motivated me a lot. If we are missing any sense that doesn't mean we all loser. We have to only find the way to tackle that problem.
13	16-11-2022, Wednesday	Jiya Bhavin Desai	Indian Institute of Technology, Gandhinagar	We got to interact with an amazing person and got to know about his life as a human being just like any of us who happens to be usually impaired. Also learned to widen our perspective and be considered towards everything and everyone.
14	16-11-2022, Wednesday	Kristopher Paul	Indian Institute of Technology, Gandhinagar	The activities helped me realised that I take the privilege of sight for granted, if also has enabled me to be more compassionate and understanding towards visually impaired individuals.
15	17-11-2022, Thursday	Dhruv Sharma	Indian Institute of Technology, Gandhinagar	Happy to see that the life of every person [even with disability] is fulfilled and satisfied. Learnt the skills and kind attitude of Ganesh and other peers and friends of mine.
16	17-11-2022, Thursday	Srirangan S.	Indian Institute of Technology, Gandhinagar	The most important thing I realised was that they are also one of us. The visually challenged people are not people of a different species. (and people with other disabilities)
17	17-11-2022, Thursday	Shubham Agarwal	Indian Institute of Technology, Gandhinagar	This workshop helped us understand and develop sympathies for visually impaired people and I somehow feel more kind towards

Sr. No.	Date and Day	Name	Organisation / Institutions	Feedback from participants
				humanity in general.
18	17-11-2022, Thursday	Shrishti Mishra	Indian Institute of Technology, Gandhinagar	It is quite useful to make us more sensible and considerate. This session will make us a better person and stronger to face challenges.
19	18-11-2022, Friday	Shreel Chawla	Indian Institute of Technology, Gandhinagar	This workshop motivated me about I can do anything. Sometimes we cry about stuff we don't have or abilities we don't have but the thing is that we have to develop things on our own and even we can do anything.
20	18-11-2022, Friday	Sankalp Rampuriya	Indian Institute of Technology, Gandhinagar	It really changed some of views about interacting with people who are challenged with different things.
21	18-11-2022, Friday	Arul Singh	Indian Institute of Technology, Gandhinagar	I got to know more problems faced by disabled people and also got an insight about our own senses.
22	14-12-22, Wednesday	Ujjwal Nageshkumar Ingole	FYJC, St. Xavier's College	I really believe this helped me in understanding visually impaired people and an appropriate way to talk and adjust with them. I am really grateful for today's excellent session and I hope u conduct it henceforth as well.
23	14-12-22, Wednesday	Devanshi S. Pawar	FYJC, St. Xavier's College	I loved to attend this session! I'll be more empathetic rather than sympathetic towards disabled people. Whereas, in suggestions, you could increase the number of people conducting this session as there was only Disha ma'am and Ganesh sir in charge, it could have been better if there could have been more people to assist from XRCVC's side.
24	14-12-22, Wednesday	Gargie Vartak	FYJC, St. Xavier's College	I enjoyed how everyone worked together when they had blindfolds on their eyes during a activity
25	07-01-23, Saturday	Alisha Gilani	Purple Fest Goa	The full orientation was amazing and the incharges explained very well.
26	07-01-23, Saturday	Avelina DSa & Serena	Purple Fest Goa	It help me lot to know the difficulties faced by the PwD. I will be make effort to help them
27	07-01-23, Saturday	Swati A. Dalvi	Purple Fest Goa	Training/workshop was very innovative. Special training on subject is required.
28	07-01-23, Saturday	Miloyren Soav	Purple Fest Goa	The training session very beautiful and helpful. I could experience what the blind are experiencing in their life.
29	07-01-23, Saturday	T. S. Maddimanu	Purple Fest Goa	It is very useful to the blind persons. I request our Govt to implement this thing in our beautiful Goa for blind persons
30	07-01-23, Saturday	Gauresh Ashok Polgronlear	Purple Fest Goa	Nicely and well prepared, organised awareness programme. It helped us develop empathy and more strength towards life.

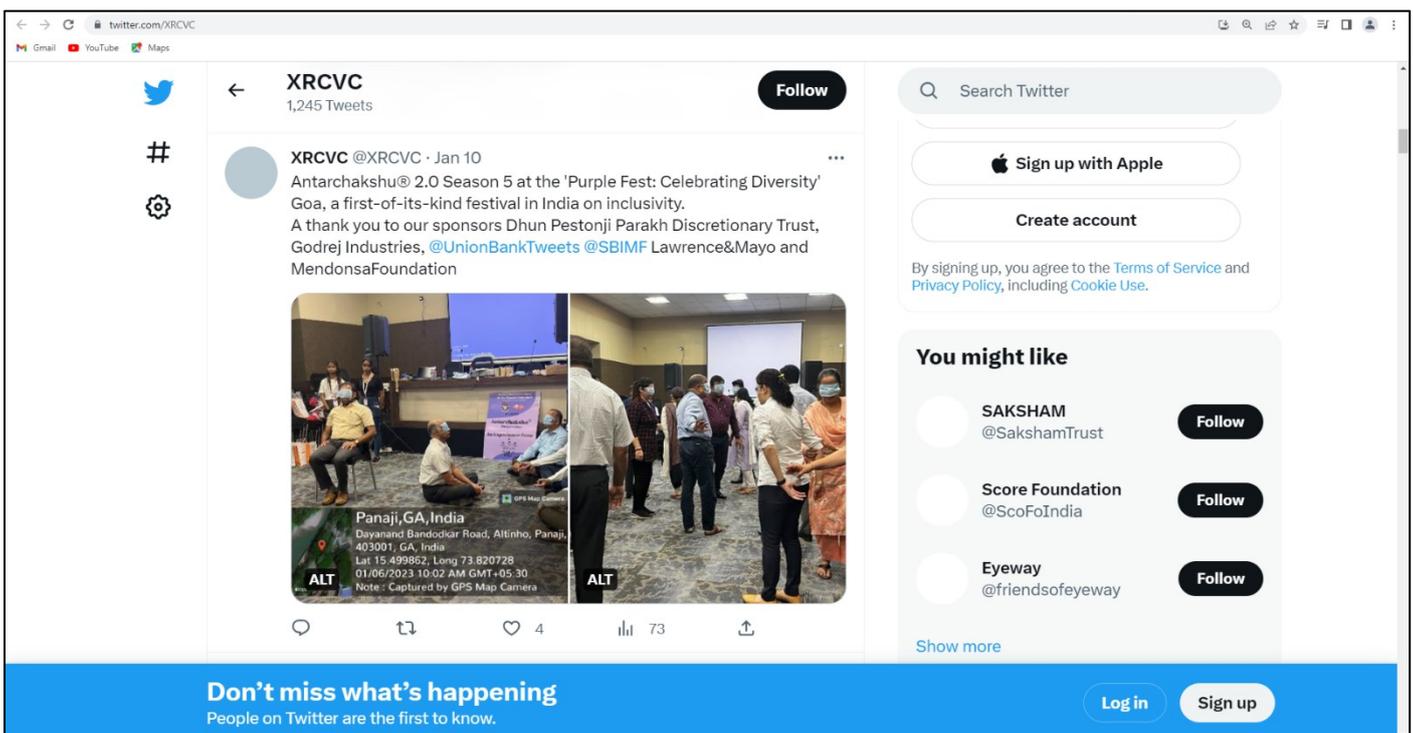
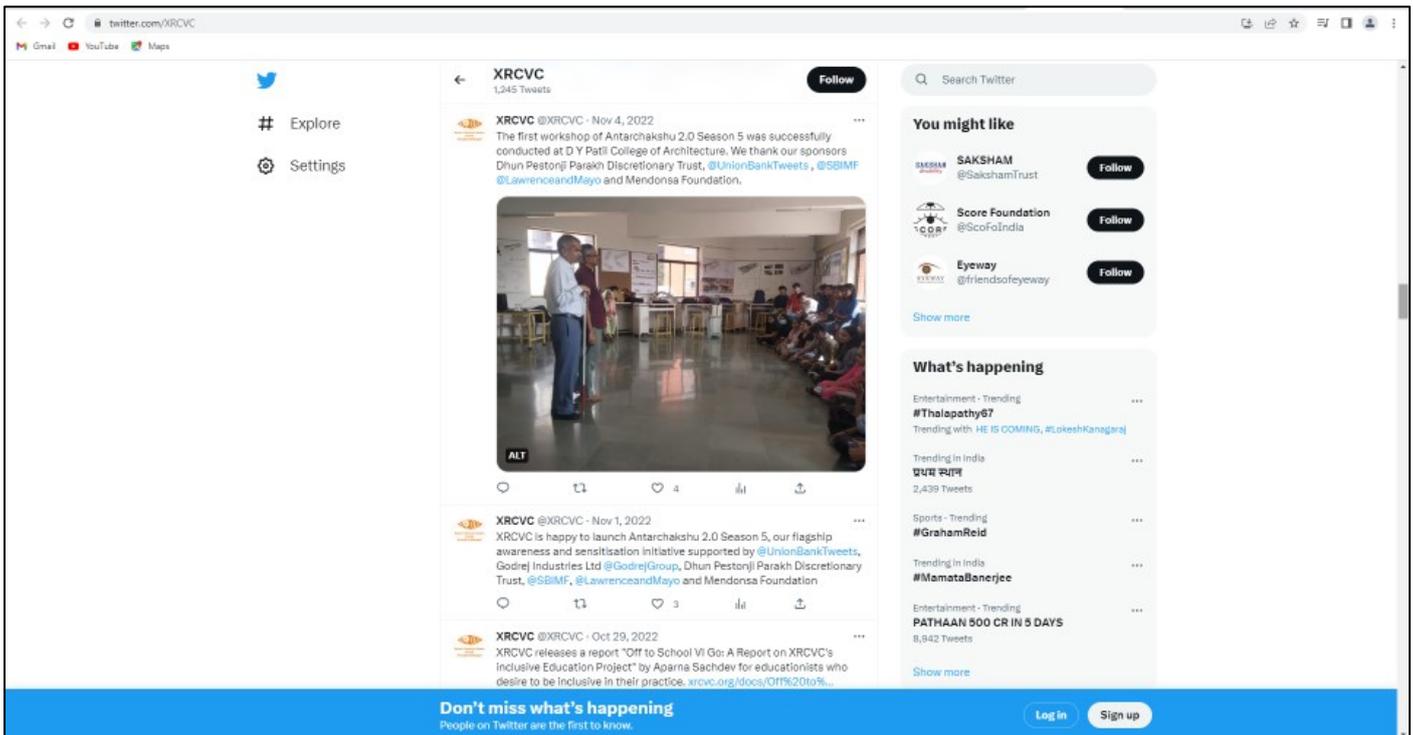
Sr. No.	Date and Day	Name	Organisation / Institutions	Feedback from participants
31	07-01-23, Saturday	Dashami Dessai	Purple Fest Goa	The session could help me in realising the life of a blind person. Also to leave a lesson that should be happy with what we have
32	07-01-23, Saturday	Anushka a. Pai	Purple Fest Goa	The session was very interactive, making us feel the actual difficulty faced in their day-to-day life (awareness was good)
33	07-01-23, Saturday	Premraj Shirodkar	Purple Fest Goa	It was awakening, helped me to think on how I can contribute to make the world better place for all.
34	07-01-23, Saturday	Madhu G.	Purple Fest Goa	It is very useful to the blind persons. I request our Govt to implement this thing in our beautiful Goa for blind persons
35	07-01-23, Saturday	P. M. S. Barad	Purple Fest Goa	This is a unique awareness for disabled persons. I will help is discharging duty.
36	07-01-23, Saturday	Frausinha Deceira	Purple Fest Goa	I thank and praise Almighty for granting me life with all his blessings & I pray that no one have this defects
37	07-01-23, Saturday	Dr. Pooja Madkaiker	Purple Fest Goa	Good insight was provided into how a disabled person lives with pride and grace.
38	07-01-23, Saturday	Sunil Gudlar	Purple Fest Goa	Excellent, should introduce such workshops in school, colleges, make short videos and circulate on social media platforms
39	07-01-23, Saturday	Gurudas P. Pilarnekar	Purple Fest Goa	The workshop/training was excellent. I was under impression that someone should help the blind. Now I feel that I must myself help blind
40	07-01-23, Saturday	Daltaguau K. Sawant	Purple Fest Goa	With open eyes sometimes we fail to recognise things - Realisation
41	07-01-23, Saturday	Sudesh Velip	Purple Fest Goa	Awareness makes you understand the difficulties one faces with which normal person don't realise
42	07-01-23, Saturday	Gauresh Ashok Polgronlear	Purple Fest Goa	Nicely and well prepared, organised awareness programme. It helped us develop empathy and more strength towards life.
43	08-01-23, Sunday	Dr. Shruti S. Sawan	Purple Fest Goa	it was an amazing session. Loved it so much. Changed my perspective to life.
44	08-01-23, Sunday	Dr. Pooja Revanka	Purple Fest Goa	Would like to have many more sessions through directoral of health services on various topics.
45	08-01-23, Sunday	Dr. Ridhvi Velguekar	Purple Fest Goa	Session was very informative and also came to know about various technologies helping the specially abled.
46	08-01-23, Sunday	Dr. Rucha kakodkar	Purple Fest Goa	It was a great experience. got to learn a lot new innovative things.
47	08-01-23, Sunday	Sohan Uskaiker	Purple Fest Goa	Was very informative, learned a lot about new technology for PWD
48	08-01-23, Sunday	Avelina DSa & Serena	Purple Fest Goa	It help me lot to know the difficulties faced by the PWD. I will be make effort to help them

Sr. No.	Date and Day	Name	Organisation / Institutions	Feedback from participants
49	08-01-23, Sunday	Priyanka Dhanaji Agam	Purple Fest Goa	Awesome, sensible experience/ Thank you for giving opportunity today
50	08-01-23, Sunday	Sandra D'Souza	Purple Fest Goa	Such a blessing to have excellent services for the differently abled. keep up the good work.
51	15-2-2023, Wednesday	Akshay Yadav	Kirori Mal College, Delhi	This workshop was an amazing experience for me. It is somethings unique and first time. This helped me to change my sense of thinking and to behave with everyone with a perspective of human being.
52	27-2-2023, Monday	Prachi Mistry	St Xavier's College for XICP's Counselling Psychology students	Inclusion is appreciating and acknowledging our individual differences, we're unique and meant to be different. Allowing people be themselves. Able/Disable, we all should and deserve equal rights to be respected and be given opportunities.
53	27-2-2023, Monday	Adlin Pragya Kujur	St Xavier's College for XICP's Counselling Psychology students	considering the credibility of specially abled and including every individual in tasks and giving them equal education and work opportunities as we give to any other person without judging or discriminating.
54	6-3-2023, Monday	Prateeksha Koh	Nirmala Niketan	Never give up in life, whatever the situation is, there is always an alternative or an solution to the problem.
55	6-3-2023, Monday	Midhafatema Shelia	Nirmala Niketan	This session taught me how not having vision does not mean you can't see anything. It all depends on your perception. Now I've understood how being sensitive towards ourself and others is important. Thank you for conducting this workshop for us!

Please find the link below of our web home page which acknowledges the role of the various supporters.

<http://xrcvc.org/>

The XRCVC is thankful to all our supporters for their continuous backing.



twitter.com/XRCVC

YouTube Maps

Explore Settings

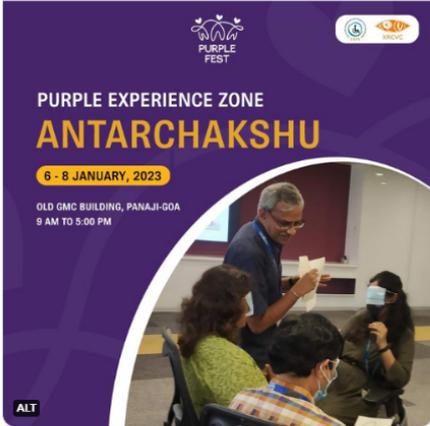
XRCVC 1,245 Tweets Follow

Purple Fest Goa @purplefestgoa · Dec 22, 2022
Presenting "Antarchakshu - The Eye Within" from Purple Experience Zone

Curated by Xavier's Resource Centre for the Visually Challenged, Mumbai (@XRCVC)

6 - 8 January 2023
9 AM - 5:30 PM
Old GMC Complex, ESG, Panjim-Goa

#purplefest



PURPLE EXPERIENCE ZONE
ANTARCHAKSHU
6 - 8 JANUARY, 2023
OLD GMC BUILDING, PANAJI-GOIA
9 AM TO 5:00 PM

4 6 198

Search Twitter

Sign up with Apple

Create account

By signing up, you agree to the Terms of Service and Privacy Policy, including Cookie Use.

You might like

- SAKSHAM @SakshamTrust Follow
- Score Foundation @ScoFoIndia Follow
- Eyeway @friendsofeyeway Follow

Show more

What's happening

Entertainment - Trending
#Thalapathy67
Trending with HE IS COMING, #LokeshKanagaraj

Trending in India
प्रथम स्थान
2,439 Tweets

Sports - Trending
#GrahamReid

Trending in India

Don't miss what's happening
People on Twitter are the first to know.

Log in Sign up

facebook.com/xrcvc/

Gmail YouTube Maps



XRCVC-Xavier's Resource Centre for the Visually Challenged @xrcvc

Home About Photos Reviews Videos Events Posts Community Create a Page

Like Share

XRCVC-Xavier's Resource Centre for the Visually Challenged 10 January

Antarchakshu 2.0 Season 5 at the 'Purple Fest: Celebrating Diversity', Goa, a first-of-its-kind festival in India on inclusivity. The main participants of the XRCVC-Xavier's Resource Centre for the Visually Challenged offering at the Purple Fest were civil servants, bankers, police officers, doctors, special educators etc.

We'd like to thank our sponsors Dhun Pestonji Parakh Discretionary Trust, Godrej Industries Ltd, Lawrence and Mayo, SBI MUTUAL FUND, Union Bank of India, and Mendonsa Foundation for generously supporting our work.



Panaji, GA, India
Dayanand Bandodkar Road, Alinho, Panaji, 403001, GA, India
Lat: 15.498962; Long: 73.820728
01/06/2023 10:02 AM GMT+05:30

Send Message

Facebook is showing information to help you better understand the purpose of a Page. See actions taken by the people who manage and post content.

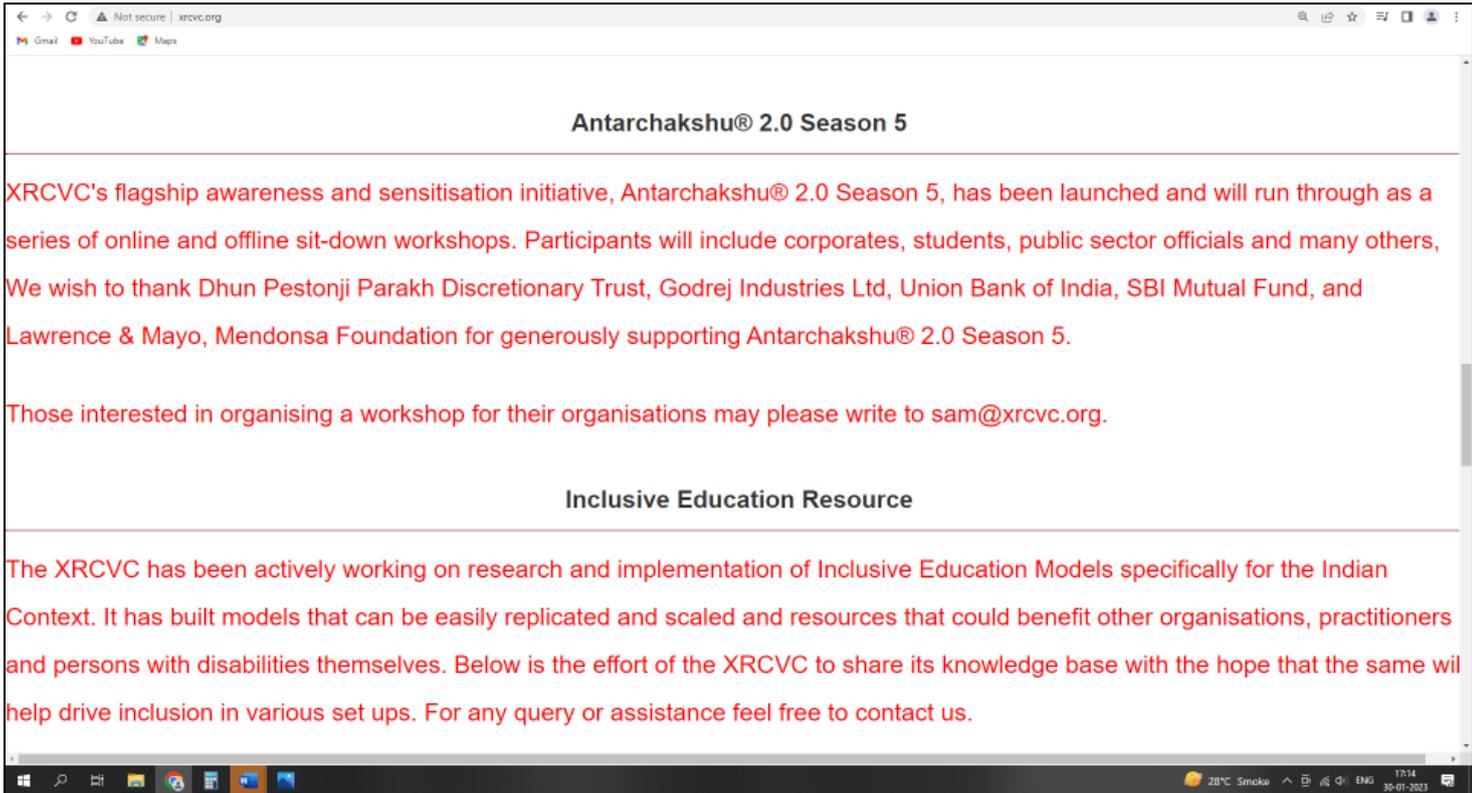
Page created - 28 April 2014

People

1,158 likes
167 visits

Related Pages

- Manpasand Life Local business
- Xavier College Chorus (XCC) School/university
- Xavier's Political Science Associ... University
- IIM Raipur Library Educational research centre
- Antarchakshu - The Eye Within Local business



Screen shots of Antarchakshu 2.0, Season 5, an awareness and sensitisation workshops messages shared on the social media platform (Facebook and Twitter) and on the XRCVC website.