



Antarchakshu® 2.0 - The Eye Within

Experience the Unexplored world
Working towards broadening awareness for an Inclusive World

About The Workshop

Antarchakshu®2.0 — The Eye Within, conceptualised by the XRCVC, is an experiential workshop aimed at creating a sneak preview for the non-disabled into the world of persons with disabilities, particularly those of blindness and low vision. It's a simulated environment where participants experience a disability simulation in a safe environment. This helps them reflect on personal attitudes towards persons with disabilities. This simulation is then followed by an interactive session and/or presentation – for participants to gain insight, understanding and basic facts about the lives of persons with disabilities that help them gain a broader perspective on the lives of persons with disabilities.

Key Takeaways for participants

- To help participants reflect on attitudes and beliefs towards persons with disabilities.
- Orient participants to concepts of inclusion, accessibility, equal opportunity employment and related ideas.
- Through the experience, help participants gain valuable insights of personal strength, the ability to work around situations, the power of imagination, and the inherent human capacity to overcome odds through innovation and determination.

Duration of the Session: 2 hours

Maximum number of participants per session: 35

Methodology: Interactive exercises, group discussion and presentation.

Logistical Requirements:

- Venue should preferably have movable chairs and space for participants to move comfortably
- LCD Projector
- Other basic requirements for a customised experience (like juice boxes etc)

Antarchakshu® is also available as an online offering.

**** It is important that all participants should be present throughout the session to experience the entire simulation. The activities are so structured that in joining/ leaving halfway participants will miss out on key experiences.***

For further details, please contact Dr. Sam Taraporevala - sam@xrcvc.org 09869378436, 09967028769